

LEADER

A Quarterly Publication of Opportunities Unlimited

"Maximizing Personal Potential through Dignified and Purposeful Living"

IRB – Save the Date!

Mark your calendars for Saturday, September 14th as Opportunities Unlimited will once again be hosting their newest event, Irish Road Bowling! Teams of four are invited to join us for this community event located along the beautiful riverfront. OU will soon be opening up registration for teams and sponsorships. The winning team will have their name engraved on the trophy which includes a lucky "shillelagh" which came from Shillelagh, Ireland. Proceeds from IRB will support OU's Annual Angels program.



OU Salutes our Graduates

Congratulations to our OU Team Members on their graduations!
Hannah Bals – Morningside University | Michelle Evert – Buena Vista University
Coral Grandadam – Briar Cliff University | Dani Lane – Wayne State College
Jordyn Wendte – St. Luke's College

Art Exhibit – Unspoken Symphony



Opportunities Unlimited hosted our OU Art Exhibit with Unspoken Symphony on May 1st. Those who struggle to express themselves verbally may turn to art and music as a form of self-expression. In this unique way of bridging art and music, we created a symphony of sound that gave a voice to a resilient community. Over fifty of our individuals created their own artwork which was then



transformed into an original melody with the help of Unspoken Symphony. Approximately 200 joined us for our Art Exhibit and Open House on

May 1st ; artists were also present and available to speak about their masterpiece. The gallery will be displayed throughout summer to give others a chance to experience the collection and listen to the custom melodies.



Celebrating 50 Years

Opportunities Unlimited is celebrating Norma Copple who has been a Registered Nurse for 50 Years! Norma graduated from St. Luke's School of Nursing in 1974 and worked at Unity Point for 25 years before joining OU's healthcare team in 2021. When asked what the biggest change that she has seen in nursing since the start of her career, Norma stated, "It's the technology. Nurses today are trained on a lot more assessment tools than we were, things like checking lung sounds and bowel sounds were only done by the doctors back then." Even though Norma is not wearing her white nursing hat anymore, she brings her extensive nursing knowledge to provide care for the OU persons served. Congratulations and thank you for all you do, Norma!



OU Annual Golf Tournament

Opportunities Unlimited is hosting their 27th Annual Golf Tournament at the Sioux City Country Club once again! This tournament is one of OU's primary fundraising events and is scheduled for Friday, July 19th. This tournament is an ideal time to partner with OU and provide support to many who benefit from all of our services; all while enjoying a beautiful day on one of our community's finest golf courses. As a non-profit organization, OU strongly relies on the Siouland Community to help support our mission; one that allows us to continue to improve and excel in the rehabilitation, therapeutic, and community services we provide. We're humbled by the continued support and enthusiasm we see from our community.



Expanding OU Vehicle Fleet

Proceeds from the OU Golf Tournament are earmarked for a vehicle each year. With a fleet of 20+ vehicles for our homes and community-based services, it is necessary to update them on a regular basis. We recently purchased a new 15-passenger van with a lift for one of our residential homes. This beauty was a welcome



addition to members of our Glenshire home and we're not sure who appreciated it more – our persons served or team members! Two additional mini vans have been added to our fleet with a grant recently awarded to our organization. These vehicle upgrades have certainly made a difference to the organization and the services provided in the community.



Brain Injury Prevention

"You've Been Ticketed"

For ten years OU has partnered with our local Dairy Queen and Sioux City Police Department for our community



program, "You've Been Ticketed." This joint venture promotes bicycle safety and encourages children to



wear helmets when riding their bikes. As members of the SCPD or Volunteer Trailblazers spot children wearing their helmets while riding their bikes, they may stop and issue a "ticket" which can then be exchanged at DQ for a free ice cream treat!

"Every Kid Needs a Bike, Every Bike Needs a Kid"

Dr. Barbara Ann Huculak leads the program "Every Kid Needs A Bike, Every Bike Needs a Kid" which supplies refurbished bicycles to children at the Pine Ridge Indian Reservation. OU has gladly supported this initiative and provides helmets to accompany each of the bikes that are donated to these children each year.

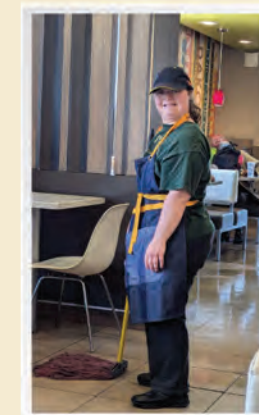


Employment Services



Employment Services is one of the programs within our Home and Community-Based Services (HCBS) Department. Through our extended partnerships with Life Academy and Iowa Vocational Rehabilitation Services (IVRS), OU's Job Coaches provide a number of services to help those with special needs find meaningful community employment. In addition to helping develop skills needed

for employment, members of this team also help in leading employment assessments, identifying employment opportunities, and job coaching on-site. The goal of HCBS programs is to have individuals living and working in the community; it's been exciting to see these programs develop and expand while supporting our mission, "Maximizing Personal Potential Through Dignified and Purposeful Living."



Knot Hole Gang



Thank you to the Knot Hole Gang for providing Opportunities Unlimited with tickets to cheer on the Sioux City Explorers! Our persons served have enjoyed planning these events at the park and spending time with their peers. The generous donation from this group of philanthropists has allowed our persons served to participate in some activities that otherwise might be more challenging for them to attend. You'll be able to count on the group from OU to be rooting loudly for the home team!

