

NON-PROFIT ORGANIZATION U.S. Postage **PAID** Permit #135 Sioux City, IA

"Maximizing Personal Potential through Dignified and Purposeful Living"

## Congratulations to the OU Graduates

Opportunities Unlimited is notorious for being a teaching and learning organization, and is dedicated to supporting individuals while they further their education. Several of our employees have continued their educational paths while working at OU. This year, Opportunities Unlimited would like to extend congratulations to all of the graduates of the class of 2017 and wish them the best as they continue with their next adventure both in and out of OU.

Nicolette Lavulo

- Briar Cliff University

Keisha Eikholt

- Morningside College

Kaylee Blake

- Briar Cliff University

Dustin Samaniego

- Bishop Heelan High School



# **PPORTUNITIES**

### 20th Annual OU Golf Tournament

On July 21st, Opportunities Unlimited held its 20th Annual "Fore the Children" Golf Shootout at the Sioux City Country Club. The OU Golf Tournament is one of the premiere golf tournaments in the region and it serves as OU's biggest fundraiser of the year. The funds raised from the golf tournament are then used to purchase a new van with a wheelchair lift for our persons served. OU was well represented with staff and community member volunteers manning every tee box to greet the golfers, share personal stories about OU and to distribute drinks and snacks. Following the golf outing, participants gathered in the clubhouse for a steak dinner, a short presentation by OU President and CEO Jennifer McCabe, as well as the distribution of fun prizes for the top teams and contest winners. A special highlight of the tournament was a hole in one by a member of the Northwest Bank Team – he won an Apple media package!

Susan Vondrak, tournament director, was overjoyed by the support of OU employees, golfers, and community members for our 20th Annual Tournament.







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Members of Northwest Bank

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## **OU Community Garden**



In April 2016, OU was awarded a grant from Siouxland District Health, to build a community garden for our persons served. This garden is wheelchair accessible, allowing persons served to help tend to the plants and vegetables in the garden. The goal of the garden is to harvest the vegetables so our persons served can eat them at our residential homes. The ISU Extension and Master Gardeners along with Tory Norby (one of OU's Speech Pathologists), helped to make this garden possible. It's

been exciting to utilize this fresh produce for meals at OU!



# **Prescription for Produce**

OU has continued to work with Siouxland District Health in a program called "Prescription for Produce". Each week, local farmers deliver produce to OU, where employees and persons served sort and package these items and subsequently deliver to local doctor's offices. Physicians "prescribe" these healthy foods to patients who would benefit from this produce as a way to promote healthy food choices.

#### Generous Gift Shared with OU

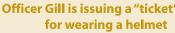


Opportunities Unlimited was one of 29 organizations who received a generous donation made available by William E. (Bill) Johnson! On July 17, OU and other community organizations were thrilled to learn more about the life and interests of this WWII Veteran and philanthropist and also received a check for \$64,619! Mr. Johnson's wishes to help serve children will be honored by many, and OU is grateful for his kindness and generosity.



## "You've Been Ticketed" Continues for the Third Year

Opportunities Unlimited is pleased to once again partner with the Sioux City Police Department and the local Siouxland Dairy Queens in the "You've Been Ticketed" campaign. This program is an extension of Opportunities Unlimited's brain injury prevention program called "Gotta Brain...Getta Helmet". Police Officers and Volunteer Trailblazers are handing out tickets for free ice cream to children observed wearing their bicycle helmets.





## **OU Receives Funding To Purchase New Van**

Opportunities Unlimited was awarded a generous donation from the Sioux Rivers Region, which was used to purchase a new van with a wheelchair lift for our persons served. OU is more than grateful for the support of the Siouxland community to help expand our services to those in need. This much-needed van allows OU to provide the transportation to persons served while they access services throughout our community.

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