

# January Group Respite Activities

## *Saturday, January 5th "Let's go to the movies!"*

*Cost: 15\$ to cover tickets and concessions.*

Come with us as we all go to the movies. The movie will be picked that day as a group, under supervision of our staff making sure it is appropriate for all ages. It will be a spectacular time! Sitting in the darkness...what a world to see!

## *Saturday, January 12th "The Artist Within"*

*Cost: No Cost*

Come take a trip with us to the Sioux City Art Museum. We will get a good understanding of all the different types of Art there is. After that, we will come back to OU and make our own Masterpiece!

## *Saturday, January 19th "A day at OU"*

*Cost: No Cost*

Come join us for a day of Leisure! No plans in place for us! We will be spending the day at OU. We can play board games, play basketball and other sports in the gym, watch a movie, draw, read and so much more! A day to take it easy and relax with friends!

## *Saturday, January 26<sup>th</sup> "Let's make History!"*

*Cost: No Cost*

Come with us as we travel around the historical landmarks of Sioux City! Curious what Sioux city has to hold? We will find out today! We will be going to the Lewis and Clark interpretive center, the Sioux City Museum, and many more!